# Eli'S SURGERY DAY



## **ELI'S SURGERY DAY**

This book was created for children who are having surgery at the CHU Sainte-Justine. It is also a practical discussion tool that parents can use to prepare their child for the operation.

The story and colouring pages will help your child better understand what will happen on their surgery day and familiarize them with the environment.

#### THE HUMANIZATION OF SURGICAL PATHWAYS TEAM THANKS ITS PARTNERS FOR MAKING THIS PROJECT POSSIBLE :

Functional Unit Team, Operating Room Anaesthesia Department Surgery Department Users' Committee Children and parent partners Direction des services professionnels Direction des services multidisciplinaires Direction qualité, évaluation, performance et éthique Direction de l'enseignement Direction des communications et des relations publiques

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The CHU Sainte-Justine is the largest mother-child hospital centre in Canada. Every year, over 10,400 children and mothers have surgery at this centre.

## A COLORFUL GUIDE TO YOUR SURGERY DAY!

The Users' Committee is proud to join the surgical team to present this colouring book for children

The Users' Committee represents children, mothers and their families at the CHU Sainte-Justine.

We are your voice, so please don't hesitate to contact us!

### your 12 rights as a user

- Right to information
- Right to receive services
- Right to choose a professional or institution
- Right to receive appropriate care according to one's health status
- Right to consent to care or to refuse care

- Right to actively participate in decision-making
- Right to be accompanied, assisted and represented
- Right to shelter/accommodation
- Right to receive services in English
- Right to access one's User's file
- Right to the confidentiality of one's User's file
- Right to lodge a complaint





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Tomorrow, Eli is having a surgery at the CHU Sainte-Justine. After he takes a bath, puts on his pyjamas and gets into bed, his parents read him a story about how his surgery will go.



The big day has come! Eli is ready. He packs his favourite stuffed animal and toy to bring to the hospital. He can't eat or chew gum before his surgery (doctor's orders!), but he can drink water and apple juice.

At the hospital, Eli and his parents wait until the surgeon is ready. An orderly brings him to his room, where he puts on a hospital gown and a bracelet with his name on it. A nurse takes his temperature and measures and weighs him. She explains how his surgery day will go, which helps Eli relax.





Eli and his parents play games until the orderly comes to take him to an area outside the operating room. There, several members of the hospital team talk to them and answer all their questions.



The surgeon is ready! Eli's parents give him a big hug. They will see him after his operation. Eli follows the nurse, who is used to taking care of children on their surgery day. Eli holds tight to his stuffed animal. He's relieved he can take it along.





Eli is in the good hands of different operating room specialists: an anesthesiologist, a surgeon, a nurse, an orderly and a respiratory therapist.



There's something special about seeing all these people dressed in green with hats, masks and gloves. The lights and machines all around him are also very impressive!



A little mask is placed over Eli's nose and mouth, and he falls gently asleep. The specialists stay with Eli to watch over him and take care of him. They'll make sure he's okay throughout the operation.



The surgery is over! Eli is taken to a room where he slowly wakes up with a nurse by his side, who is there to make sure he's alright. She brings him a warm blanket and speaks to him softly.



Eli's parents join him outside the recovery area and go back with him to his hospital room. The nurse gives them instructions to help Eli feel better and recover once he leaves the hospital. Eli is tired, but he sure is glad to go home!







Université **M** de Montréal