

WHAT TO BRING?

Teens



Adults



Have with you

When you arrive at the Day Surgery Unit

- ☐ Health Insurance Card
- ☐ Hospital card
- ☐ Health booklet
- ☐ List of medications taken by the patient
- ☐ Current medications

List of suggestions

Items to label or to put in a bag labelled with the patient's name

- ☐ Warm clothes
- ☐ Reading material (for patient and companion)
- ☐ Music player and headphones (for patient and companion)

If the patient has to stay in hospital after their intervention

Please provide the following items for the patient and their companion

- ☐ Pajamas
- ☐ Robe (optional)
- ☐ Slippers (with non-slip soles)
- ☐ Orthotics or prosthetics (incl. eyeglasses)
- ☐ Supplies for any special care that the patient is currently receiving (e.g. ostomy supplies, feeding solution, tubing)
- ☐ Socks
- ☐ Underwear
- ☐ Change of clothes

Toiletries

- ☐ Toothbrush
- ☐ Toothpaste
- ☐ Soap
- ☐ Shampoo
- ☐ Hairbrush/comb
- ☐ Deodorant
- ☐ Other general hygiene items