

## WHAT ARE MY RIGHTS?

If you or your parents disagree with the decision to place you in an intensive supervision unit, you can challenge the decision before the court, which will prioritize your request.

When you are placed in an intensive supervision unit, you have the right to contact your parents, other family members, or anyone else, your social worker, or your lawyer at any time. However, the judge or the integrated centre executive director, or the person the executive director authorizes in writing, may prohibit contact with people they consider to be a bad influence.

If you or your parents are not satisfied with the integrated centre's services, you can:

- ask for help from the integration centre's user committee, which is made up of young people and parents. They can help and advise you;
- file a complaint with the centre's service quality and complaints commissioner; or
- file a complaint with the Québec Ombudsman if you are not satisfied with the response from the service quality and complaints commissioner.

*You or your parents can contact the Commission des droits de la personne et des droits de la jeunesse at any point if you feel your rights are being violated.*

### CONTACT INFORMATION FOR THE SERVICE QUALITY AND COMPLAINTS COMMISSIONER



### COMMISSION DES DROITS DE LA PERSONNE ET DES DROITS DE LA JEUNESSE

360 rue Saint-Jacques, 2<sup>nd</sup> floor  
Montréal (Québec) H2Y 1P5  
Telephone, Montréal region: 514 873-5146  
Telephone, elsewhere in Québec: 1 800 361-6477  
Fax: 514 873-6032  
Email: [plainte@cdpdj.qc.ca](mailto:plainte@cdpdj.qc.ca)

### QUÉBEC OMBUDSMAN

800 place d'Youville, 19<sup>th</sup> floor  
Québec (Québec) G1R 3P4  
Telephone: 418 643-2688

1080 côte du Beaver Hall  
10<sup>th</sup> floor, suite 1000  
Montréal (Québec) H2Z 1S8  
Telephone: 514 873-2032

Elsewhere in Québec: 1 800 463-5070

Email: [protecteur@protecteurducitoyen.qc.ca](mailto:protecteur@protecteurducitoyen.qc.ca)

### LEGAL AID

To find your nearest Legal Aid office, visit the website of Commission des services juridiques at [csj.qc.ca](http://csj.qc.ca)



**YOU HAVE BEEN PLACED IN  
AN INTENSIVE SUPERVISION UNIT**

*What happens now?*

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## WHAT IS AN INTENSIVE SUPERVISION UNIT?

An intensive supervision unit (unité d'encadrement intensif) is a living unit for up to 12 young people in a youth rehabilitation center that is part of an integrated centre\*. The access doors of the living unit are permanently locked.

## WHO IS IT FOR?

You may be sent to an intensive supervision unit if you were placed in a rehabilitation centre by court order and:

- you are 14 or older; or
- you are younger than 14 and the director of youth protection (DYP) authorizes it.

If you are not placed in a rehabilitation centre by court order, you may be sent to an intensive supervision unit for no more than two days under exceptional circumstances.

## WHY HAVE I BEEN PLACED IN THIS UNIT?

You have been placed in this unit because you have behaved or acted in a way that threatens your safety or the safety of others (e.g., by running away and being drawn into situations involving drug or alcohol abuse or other unsafe behaviour, or by acting or behaving in a violent or dangerous way).

\* The term "integrated centre" refers to both integrated health and social services centres (CISSS) and integrated university health and social services centres (CIUSSS).

## WHO MAKES THE DECISION TO PLACE SOMEONE IN AN INTENSIVE SUPERVISION UNIT?

After reviewing your situation and discussing it with you and your parents, your youth care worker and social worker may recommend that you be placed in an intensive supervision unit.

The executive director of the integrated centre, or the person the executive director authorizes in writing, makes the decision as to whether you should be placed in the unit. Their decision is based on an analysis of your situation, taking into account a number of factors about you (e.g., the intensity and frequency of your behaviours, what you may be going through right now, what you may have gone through in the past, and your level of participation in the rehabilitation process).

You and your parents will be informed of the reasons justifying your placement in the intensive supervision unit.

Placement in an intensive supervision unit cannot be used to punish or isolate you.

However, when you are in an intensive supervision unit, as in any other unit:

- if you do not respect the rules of the unit, you could be subject to disciplinary measures such as losing privileges; and
- if you put your safety or that of others at risk, you could be isolated temporarily to keep you from hurting yourself or someone else, and you will remain isolated for as long as you remain a threat.

## WHAT WILL HAPPEN WHILE I'M HERE?

You will have a dedicated youth care worker assigned to you for the duration of your stay in the intensive supervision unit. The entire team of youth care workers will also be there to give you the support and guidance you need. You can keep up with your studies and you will have access to activities and services offered only within the rehabilitation centre. Approved outings will always be supervised by an adult (e.g., a youth care worker, parent, or teacher).

## WHEN CAN I LEAVE THE INTENSIVE SUPERVISION UNIT, AND WHAT HAPPENS THEN?

Your situation will be reassessed after one month, or earlier provided your behaviour improves. As part of the reassessment, you may be given the opportunity to do one or more activities outside the intensive supervision unit. This may be necessary to assess the progress you've made since your arrival.

The executive director of the integrated centre, or the person the executive director authorizes in writing, makes the decision as to whether you may do any activities outside the unit. Activities may not last more than 12 hours and must take place over a period of no more than five consecutive days.

Depending on the reassessment results, you may:

- be allowed to leave the intensive supervision unit and return to your living unit;
- be transferred to a different living unit that better meets your needs; or
- remain in the intensive supervision unit if your progress is found to be insufficient or if the behaviour that led to your placement in the unit could happen again in the short-term.

The executive director, or the person the executive director authorizes in writing, is the one who decides whether to end your stay in the intensive supervision unit.