



**CHU  
Sainte-Justine**  
Le centre hospitalier  
universitaire mère-enfant  
Université de Montréal

Pediatric Surgery Clinic

# **Returning Home After a Neonatal Circumcision: Instructions for Care**

Information for Parents



Your child has just undergone  
a Plastibell circumcision.

This leaflet provides essential information you  
need to know to facilitate your return home  
after the surgery.

## THE FIRST 24 HOURS:

- The dressing should be removed at the first diaper change. Do not worry if the gauze is tinged with blood; this is normal.

### IF DROPLETS OF BLOOD CONTINUE TO SEEP OUT

- Take the penis in your hand with a dry washcloth and apply pressure for 5 minutes. If the bleeding still persists, take your child to the **SAINTE-JUSTINE EMERGENCY ROOM**.
- You can clean the penis with a damp washcloth or an alcohol-free wipe. Apply Vaseline® to the tip of the penis at every diaper change.
- We recommend that you not bathe your child for the first 24 hours, unless there is stool on the penis.
- To minimize the pain, you can give your child \_\_\_\_ml of Tempra® or Tylenol® (80mg/ml) every 4 to 6 hours for 24 to 48 hours.

## AFTER 24 HOURS:

- Bathe your child for 5 to 10 minutes in lukewarm water, 3 times a day, or whenever there is stool on his penis.
- Use a mild baby soap on the penis to help dissolve old Vaseline® accumulated between the ring and the penis. Rinse with water and towel dry.
- Continue to apply Vaseline® every time you change your baby's diaper, until the plastic ring falls off. The plastic ring and thread will fall off together 5 to 10 days following the procedure. If the ring falls off before 5 days and there is no bleeding, there is no need to worry. If the ring does not fall off after 10 days, please contact us for more information or to make an appointment.

- It is normal for the penis to be swollen and for you to notice a change in colour in the frenulum of the penis (photo 1). The skin may become black, white, yellow or green. This is not a sign of infection, but the normal healing process due to the application of silver nitrate (a product used to minimize the risk of bleeding).

Photo 1 ▶



- Once the ring falls off, you can continue to apply Vaseline® to the discoloured area (photo 2) until the skin become pink, in about 7 to 10 days.
- **Be careful:** do not rub the discoloured area.

Photo 2 ▶



## CHU Sainte-Justine

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## IMPORTANT INFORMATION

- Circumcision does not cause fever.
- After the procedure, your child will urinate normally.
- You can hold baby as usual without fear of hurting him.
- Buckle your child properly in his car seat as usual.
- You can feed your baby immediately after the circumcision.
- It takes about 4 to 6 weeks to get the final result of circumcision

**You can contact us Monday to Friday, from 8h to 16h, at 514-345-4915**

Please specify name of the child and your telephone number.

## Notes

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### Graphic Design

Norman Hogue

### Printing

Imprimerie du CHU Sainte-Justine

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Comité des dépliants destinés à la clientèle du CHU Sainte-Justine

F-2722-A GRM 30009046 (Rév. 02-2020)