Prominauris Correction

Correction of protruding ears
Post surgery care
Informations for Parents
Your child had otoplasty surgery. This document is intended to serve as a memory aid on the recommendations to be followed at home and when the dressing is removed.

**Important information about the dressing**
The dressing must remain in place for 7 to 10 days. Until the dressing is removed, activities are limited (reading, TV, computer games) and the head should be elevated at all times. Do not wet, dirty or move the dressing. Do not insert fingers or other objects under the dressing.

**In case of bleeding**
Lay down the child and press the bleeding ear in order to create a constant pressure for 30 minutes.
Mark the spot/spots on the bandage with permanent marker.
If the bleeding starts again, repeat the compression and contact the plastic surgeon on call.

**In case of pain**
If the drugs were taken as prescribed and are not enough to relieve the pain, or if the pain persists beyond 48 hours, contact the plastic surgeon on call.

The child should not take the following medications as they increase the risk of bleeding: anti-inflammatory (Advil\textsuperscript{MD}, Motrin\textsuperscript{MD}, Naprosyn\textsuperscript{MD}), acetylsalicylic acid (Aspirin\textsuperscript{MD}) and anti-histamines (Benadryl\textsuperscript{MD}, Claritin\textsuperscript{MD}, Reactine\textsuperscript{MD}).

**For instructions on scar care, sports and wearing of the headband, refer to the little bookmark.**

During the first year, sensation of the ears will be diminished. Beware of frostbite and sunburn.
If the dressing moves or falls
If the dressing moves or falls, you must return to the plastic surgery clinic from Monday to Friday during office hours, between 8 am and 3 pm. Outside these hours, contact the plastic surgeon on call.

Once dressing removed
Washing the hair is permitted with a mild shampoo. You must clean the ears and scars every day with water and mild soap. Normally, the melting points of the scars disappear with time.

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For the next three months
- If you wear glasses, use an elastic to hold them in place instead of placing the frame behind the ears.
- Avoid hats, if the edge goes to the ears.
- Do not tuck the hair behind the ears (use a headband or tie-up the hair).
- Be careful passing sweaters over the head so as not to fold the ears.

If you are concerned with the scars, make an appointment with your doctor.

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Contact us
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