

CHU Sainte-Justine
3175, chemin de la Côte-Sainte-Catherine
Montréal (Québec) H3T 1C5
Phone : 514 345-4931

www.chusj.org



You have lost your child...

Useful informations for parents

Useful informations for parents

For completion of insurance forms:

Send the form to D' _____ at
CHU Sainte-Justine
3175, chemin de la Côte-Sainte-Catherine
Montréal (Québec) H3T 1C5

In case of a death following a road accident, communicate with the
Société de l'assurance automobile du Québec (SAAQ)

Montreal: 514 873-7620

Quebec: 1 819 643-7620

Elsewhere in Quebec (toll-free): 1 800 361-7620

Autopsy report

Make a request to **CHU Sainte-Justine medical records secretariat**
514 345-4931 ext. 2744

Our multidisciplinary team remains at your service.
Do not hesitate to contact us if necessary.

514 345-4931 ext. 5549

Redaction:

Samira Harakat, M.Sc, cadre conseil en sciences infirmières, CHU Sainte-Justine
Myriam Larivière, travailleuse sociale, SIP, CHU Sainte-Justine

Approbation:

Comité des documents destinés à la clientèle

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The loss of a child is the hardest challenge a family can possibly have to face. It is difficult for us to find the words to express to you our sympathy with respect to the suffering that you are feeling.

It is normal to feel distraught in the face of the total absurdity of the loss of a child. It is essential to not disregard the extent of the support that those close to you can provide, as well as the professional help that is available to help you through the coming months.

This document will provide you with informations regarding the process following death and available resources to help you through mourning.

Tasks following a death

- ▶ The first step is to contact a funeral home of your choosing. The funeral home will communicate with the hospital to arrange for the transport of your child's body to their facility.
- ▶ The declaration of death will be provided to you by the funeral home. This document will serve as a guide for the formalities required by the government.
- ▶ Cancellation of the provincial and federal family allowances will require sending a copy of the death certificate.
- ▶ For compassionate leave, ask your employer for details.
- ▶ If you are currently on maternity or paternity leave, communicate with the **Régime québécois d'assurance parentale**
Phone number: 1 888 610-7727
rqap.gouv.qc.ca
- ▶ To obtain the death certificate, you must direct your request to the **Directeur de l'État civil:**

Montreal

2050, rue Bleury – 6th floor,
Montreal (Quebec) H3A 2T5
(Métro Place-des-Arts)

Phone number: 514 864-3900 or 1 800 567-3900
www.riq.qc.ca/etatcivil

Quebec

205, Montmagny Road
Quebec (Quebec) G1N 2Z9

Phone number: 418 643-3900 or 1 800 567-3900

Useful resources (in alphabetical order)

CHU Sainte-Justine Website

The “Info-famille” section of this website contains a list of community organizations, books and Internet resources (in french).
www.chusj.org

In the french version of the website :

- › Choose the “enseignement” section (in green) in the menu at the top of the main page;
- › Choose the “documentation” section under the title;
- › Click on the “Guide Info-famille” in the right column;
- › Select a letter (ex.: “d” for “deuil” [bereavement], “m” for “mort” [death]).

Maison Jean Monbourquette

Directory of useful and varied resources for all regions of Quebec
185, Bloomfield Avenue,
Outremont (Quebec) H2V 3R5

Phone number: 514 523-3596
Toll-free number: 1 888 533-3845
www.maisonmonbourquette.com

Suicide action

Phone intervention service available **24/24, 7 days a week**. Without cost and confidential, this service is intended for persons who are considering suicide, those who are concerned about this issue in someone close to them, and those who have lost a loved one through suicide.

Phone number: 514 723-4000
Toll-free: 1 866 APPELLE (1 866 277-3553)
www.suicideactionmontreal.org

Your local CLSC

Your local CLSC will be able to provide various services and to suggest available resources in your region.

Phone number: _____